



## Driver CPC - PCV & LGV - Periodic Training 2021/22

Maximum Delegates: **20**

Duration: **3.5Hrs**

Venue: **Client's premises or  
National Centres TBA**

Course Extras: **N/A**

### CONTACT

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# DRIVER ATTITUDE & BEHAVIOUR

COURSE NUMBER: CRS15651/199

## AIM OF COURSE:

To ensure drivers are aware of the importance of maintaining a positive attitude when driving able to recognise the risks associated with negative attitudes and the effect on their behaviour.

## CERTIFICATION:

On completion of this course a certificate of attendance will be issued to all delegates.

Details will be recorded on the Driver & Vehicle Standards Agency database.

Training records maintained

## BESPOKE OBJECTIVES:

The following objectives can be included if required: -

1. Company policies
2. Specific vehicle technology

## COURSE CONTENT:

- Relaxed group discussion introducing the syllabus to all drivers of both PCV and LGV to be approved by: - **Joint Approvals Unit for Periodic Training (JAUPT)**
- Introduce driver's perceptions and beliefs together with situational triggers. Group discussion inviting driver's personal triggers which prompt a response, which can lead to responses from other driver and understand how we can be quickly drawn into the conflict cycle. The consequences of road rage / red mist will be identified providing drivers with safe resolutions avoiding escalation.
- Provide drivers with an understanding of positive and negative attitudes and the affect they have on safety and decision making, explain how stress increases the risks and identify coping strategies to reduce the different types of stress.
- Attitude and road rage quiz, identification of how driver behaviour is affected by in vehicle technology, provide understanding of how the technology does improve safety if understood.